



April 3, 2016

MAIN TEXT:
John 6:25-35

I AM
The Bread of Life

GETTING STARTED

If you hadn't eaten in a few days, what food would you want to satisfy your hunger?

and...

What did God teach you during the message this weekend? Did anything in particular stand out?

LESSON OVERVIEW

The Gospel of John is different from the other gospels in that, it is not so much an account of Jesus' life and what he did but rather, it is more about who Jesus is. Seven times in this book Jesus says, "I AM..." When he says he is "the Bread of Life" he wants us to know and understand that he is the only source of life that can completely sustain and fulfill us. This lesson will challenge you to consider what other things we use to do that and how we can make that Jesus.

TALK ABOUT IT

1. As a group, read John 6:16-40 and 1 Corinthians 1:22-25 out loud before you start.
2. After feeding the 5,000 men, Jesus and his disciples went to Capernaum and were followed by some of those he fed. Why did these people continue to follow Jesus? What were they hoping he could do for them?

I AM the bread of life;
whoever comes to me shall not hunger.

3. How did Jesus use their interest in food to illustrate what he wanted them to understand?
4. What was Jesus' response when they compared him to Moses and asked for another sign? Why do you think he responded this way?
5. In John 6:28 the people ask Jesus, "What must we do to be doing the works of God?" What is wrong with this question? What makes Christianity different from other religions? Have you ever put pressure on yourself to earn God's love instead of simply believing in him? Share this with the group.
6. In this passage, Jesus says he is the bread of life and everyone who believes in him will have eternal life. What are some things that we turn to to satisfy us instead of Jesus?

TAKE IT HOME

application

Throughout John 6, we see that Jesus is the only source of life that can completely sustain and fulfill us. We tend to lean heavily on other things to have a good quality of life (money, reputation, children, career, etc). Even though these things are good things, they are not the bread of life that Jesus refers to in this passage. What do you depend on for fulfillment and a good quality of life? In what ways can you lean into God and rely on him to sustain you this week?

Pray for this to happen...

READING PLAN

MONDAY

Isaiah 55:1-10

TUESDAY

Psalms 63:1-5

Psalms 107:1-9

WEDNESDAY

Ecclesiastes 6:1-12

THURSDAY

John 6:25-40

FRIDAY

John 6:41-58